

CURRICULUM VITAE OF

Dr. K.P.VASANTHA DEVI



1. Present Position : Prof & Head,
Department of Home Science
2. Educational Qualifications : M.Sc.,M.P hil., Ph.D
Area of specialization : Food and Nutrition
Address : 204/2 Staff Quarters,
Gandhigram – 624 302.
Dindigul (Dist).
Phone: 0451- 2452077
E.mail/H.P : kpvasanthadevi@gmail.com
3. Teaching and Research Experience : 34 yrs
4. New Courses / programmes evolved/ : M.Sc., Food Science and Nutrition
M.Phil Food Science and Nutrition
5. Laboratories/Department Established : Foods Lab & Biochemistry in
the Department of Home Science

6. RESEARCH GUIDANCE: :

M.Phil – Guided – 2

Guiding – 5

Ph.D - Guided – 2

Guiding – 5

7. FIELD OF RESEARCH

- ❖ Diet and Health Survey.
- ❖ Food consumption Pattern – Cereals and millets, infant feeding practices, food adulteration.
- ❖ Studies on Noon Meal Programme.
- ❖ Breast feeding.
- ❖ Studies on geriatric health and nutritional problem.
- ❖ Diabetes millets – Education on prevention and management.
- ❖ Dietary modification for Balwadi children.
- ❖ Adolescent Nutrition.

8. RESEARCH PROJECTS UNDERTAKEN :

S.No.	Title of the Project	Name of the Funding Agency	Grant (Rs.)	Year
1.	Development of Appropriate Prevention and Intervention Strategies for Non-Communicable Nutritional Related Disorders Among Women In Post-Reproductive Period: A Multi-Site Study	Department of Science and Technology, New Delhi.	Rs.10,7,000/-	Nov - 2005 to March - 2008

2.	Prevention and Control of Anaemia among Adolescent girls (12-15 years) Through Food Supplementation and Education Intervention. (Major Research Project)	University Grants Commission, New Delhi..	Rs.7,81,200/-	May - 2009 to May - 2011
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9. LIST OF PUBLICATIONS :

JOURNALS

- ❖ **“Publication of low-cost meal in a school lunch programme”** by Dr.S.Premakumari and K.P.Vasantha Devi – Indian J. of Nut & Diet., 1975.
- ❖ **“Diet for pre-schoolers”** Journal of Balak Fourth Quarter, 1994, P.2.
- ❖ **“At What Cost?”** 1997. Research Report 2. M.S. Swaminathan Research Foundation, Chennai.
- ❖ **“Health and Nutritional Problems of the Aged”** by Dr.K.P.Vasantha Devi and Premakumari, S. The Indian Journal of Nutrition and Dietetics, (1998) P.35, Vol.317.
- ❖ **“Health and Nutritional Problems of the Aged”** by Dr.K.P.Vasantha Devi and Premakumari, Ageing in Rural India perspective and prospects. Pp.33-43, 2000.
- ❖ **“Factors contributing to Type I Diabetes: A study”** by Dr.K.P.Vasantha Devi and N.Umapathi, Journal of Extension and Research, Vol.V, No.1, July Pp. 85-89, 2002.
- ❖ **“Impact of Diabetes Education Intervention Among Adolescents of Selected Schools”** Angel,M., and K.P.Vasantha Devi, Journal of Extension and Research, Nov 2009.

BOOKS:

Diabetic Diet by K.P. Vasantha Devi and Dr. C. Muralidharan, Dindigul Diabetic Education and Research Centre, Vijaya Clinic, Dindigul. 2002

PAPER PRESENTED IN INTERNATIONAL CONFERENCE / SYMPOSIA

1. Ms. Kavitha Maheswari and K.P.Vasantha Devi, **“Globalisation and women health; challenges and opportunities”** in the International Seminar on, Emerging trends in Global business; challenges and opportunities for Developing countries organized by P.R.Institute of Management, Tanjore from 6.2.2004 to 7.2.2004.
2. Emershia Sharmine, D.,M.Angel and Dr.K.P.Vasantha Devi, **“Incorporation of Natural Food Colours With Selected Recipes”** in the International Conference on Food Technology organized by Indian Institute of Crop Processing Technology, Tanjore from 28th to 30th of August 2009.
3. N.Ganga Devi, D.,M.Angel and Dr.K.P.Vasantha Devi, **“Evolving Iron Rich Recipes Using Locally Available Foods”** in the International Conference on Food Technology organized by Indian Institute of Crop Processing Technology, Tanjore from 28th to 30th of August 2009.
4. B.Gowri and Dr.K.P.Vasantha Devi, **“Creating Awareness About Food Safety And Quality Measures of The Processed Fooditems Among SHG Members”** in the International Conference on Food Technology organized by Indian Institute of Crop Processing Technology, Tanjore from 28th to 30th of August 2009.
5. Participated in the fifth International Food convention (IFCON) organized by CFTRI. From 5 to 8 December 2003.

NATIONAL CONFERENCE:

1. Indian Science Congress held at Madurai from 4 to 9th Feb 1990. **“Role of Agriculture in changing the food habits of the people”**.
2. A combined work by Dr. N. Kamamma and Dr. Mrs. K.P. Vasantha Devi on **“Home Science Extension in University Curriculum for Rural Application”** – workshop held on 23rd and 24.03. 1990 at GRI.
3. **“Production of Supplementary Food at Household Level”** Summer Institute on Appropriate Food Processing Technologies for Rural Development organized by the Department of Foods and Nutrition, Andhra Pradesh Agricultural University, Hyderabad. (June 15th – July 4th , 1990).
4. **“Age at Marriage of Girl Children and Health”** organized by Department of Women’s studies. Alagappa University, Karaikudi. (December 14 1990). – Dr. N. Kamamma and Dr. K.P.Vasantha Devi.
5. One day colloquium on Gandhi and poverty organized by Dept. of Gandhian thought and presented a paper on **Gandhiji’s perception of diet for mass.** (31.1.96).
6. National Seminar on **“Psycho Social characteristics problems and strategies for the welfare of the Aged in rural India”** sponsored by Ministry of Welfare of Government of India and Organised by Department of Applied Research, GRI, Gandhigram (11.3.98 to 13.3.98).
7. Presented a paper in the National Seminar on “Health Status of Women” held at Tirupathi and presented a paper on **Challenges before women in the 21st century** at Sri Mahila Visva Vidhyalayam Tirupathi A.P, (29.3.99 to 31.3.99).

8. Attended a Seminar on the Role of Gandhigram in Rural Health Development and presented a paper on **“Activities of Health & Nutrition in the Villages”**.(20.8.2002).GIRH & FWT.
9. Masha, T., K.P. Vasantha Devi and M.G. Sethuraman. 2004. Invitro – Antiinflammatory studies on *Opuntia phaeacantha* V. discate (*Opuntia engelmannii*). National Seminar on “Recent Trend in Isolation, Characterization, Synthesis and Biological Studies of Organic compounds held at Gandhigram Rural Institute, Gandhigram.
10. Attended a National Seminar and presented a paper on **role of Nutritious Millets for Rural development** organized by the department of Applied Research, GRI sponsored by UGC.
11. Presented a paper on **Factors influencing food consumption pattern prevailing among youth (18-21 years)** by T.Masha and Dr.K.P.Vasantha Devi, in XXVIII Indian Social Science Congress in Gandhigram from 16- 20 January, 2005.
12. Presented a Paper on **Nutrition Cognition levels of future mothers**, by S.Kavitha maheshwari and Dr.K.P.Vasantha Devi, in XXVIII Indian Social Science Congress , in Gandhigram from 16- 20 January, 2005
13. Presented a paper on **Formulation of Therapeutic Foods for Diabetes** by Dr. K.P. Vasantha Devi, Krishna Prabha and M. Ilamaran in National Seminar on “Recent Trends in Nutritional Science at Avinashilingam Deemed University, Coimbatore on 16.03.06 to 17.03.06.
14. Presented a paper on **Impact of nutrition education among sports persons of Gandhigram Rural Institute** by Dr.K.P.Vasantha Devi, J.Prakash Maran and M. Ilamaran in National Seminar on “Recent Trends in Nutritional Science at Avinashilingam Deemed University,Coimbatore on 16.03.06 to 17.03.06.

15. M.Angel and Dr.K.P.Vasantha Devi, **Need and Importance of Animal Food Processing**, National level seminar on “Animal Food Processing” at V.V.Vanniaperumal College for women, Virudhunagar on 7th & 8th August 2008.
16. M.Angel and Dr.K.P.Vasantha Devi, **Growth Challenges and opportunities of food processing industry**, National level seminar on “Food Processing Industry in India: Growth Potential and Challenges” at Gandhigram Rural University, Gandhigram on 22nd and 23rd October 2008.
17. Dr.K.P.Vasantha Devi, D.Emershia Sharmine and M.Angel **Evaluation and Acceptability of Selected Recipes with Natural Food Colours**”, National level seminar on “Food Processing Industry in India: Growth Potential and Challenges” at Gandhigram Rural University, Gandhigram on 22nd and 23rd October 2008.
18. Dr.K.P.Vasantha Devi, **Growth and challenges of Food Processing industry in sustaining nutrition security**, Refresher course on Recent Trends in Quality Assurance organized by Faculty of Agriculture and Animal Husbandry, GRU,Gandhigram , on Nov, 2008.
19. B.Gowri and Dr.K.P.Vasantha Devi, **Food Security in the changing global climate**, National level seminar on “Issues and impacts of climate change on community, Faculty of Agriculture and Animal Husbandry, at Gandhigram Rural University, Gandhigram on 20th and 21st March 2009.
20. M.Angel and Dr.K.P.Vasantha Devi, **Occupational Diseases Among Textile Mill Workers And Preventive Approaches**, UGC sponsored National conference on “Environmental status and Health of workers involved in textile production” at Chikkanna Government Arts College, Tirupur on 3rd & 4th August 2009.

21. B.Gowri and Dr.K.P.Vasantha Devi, **Health Care Measures For Occupational Diseases Among Textile Mill Workers And Preventive Approaches**, UGC sponsored National conference on “Environmental status and Health of workers involved in textile production” at Chikkanna Government Arts College, Tirupur on 3rd & 4th August 2009.

10. SHORT TERM COURSES/ SYMPOSIUM/ CONFERENCES ATTENDED:

1. National Seminar on Home Science and Rural Development – Science and Technology for Rural Development – held at Fatima College, Madurai. (Jan.27-31, 1983).
2. Refresher Course for Creche and Balwadi conducted by Tamil Nadu Social Welfare Board. Teachers of D.Q.M. District – Jan.1987
3. Workshop cum Demonstration on Technology for Rural Areas – Sponsored by CFTRI and GRI. (August 20-22, 1987)
4. Workshop on Technology in the Service of the Weaker sections-modes and models, sponsored by Department of Science and Technology held at GRI. (September, 4-5, 1987).
5. National Seminar on “Home Science Extension Management” held at National Institute of Rural Development, Hyderabad (November 3 to December 3, 1987).
6. Mass functional literacy programme for NSS Programme Officers held at Madurai Kamaraj University, Madurai (August 30, 1988)
7. Two days workshop on “New Concepts in teaching and Evaluation”, held at GRI, (September 10-11, 1988)

8. “Development – Management Training” workshop held at Sri Avinashilingam Home Science College, Coimbatore (September 5-7, 1988)..
9. 76th Indian Science Congress held at Madurai (January 7th to 11th 1988).
10. Two days workshop on restructuring of B.Sc. and M.Sc. syllabus - organized by the Dept. of Home Science and Exam Reform Unit. (27-28 January, 1989).
11. Workshop on “Research Methods and Quantitative Techniques” held at GRI by Examination Reform Unit (February 17-18. 1990).
12. Workshop on “Evolving replicable models of Science Extension in the University Curriculum for Rural Application” organized by the Faculty of Rural Oriented Science, GRI. (March 23-24, 1990) and presented a paper on Home Science extension in University Curriculum of rural application.
13. Workshop on Environmental Education and Extension for the Master Trainers of Gandhigram Watershed Project. (May 7-9, 1990)
14. The Department organized an exhibition on “Nutrition, Child Health, appropriate Technologies” on the farmers day celebration organized by Agricultural Faculty, GRI.(21.02.1990).
15. Two days workshop on question Bank preparation for B.Sc. and M.Sc. Home Science. (24-25 February 1990).
16. Attended Inaugural function of Nutrition Society of India. Madurai Chapter. (31.3.1990).

17. Attended Women's Mela at GRI (27.05.1990).
18. Participated in Women's Mela conducted at Chettiapatti. (29.07.1990).
19. Summer Institute on "Appropriate Food Processing Technologies for Rural Development" held at college of Home Science, Hyderabad from 25.06.90 to 4.07.90.
20. Participated in Science Day Celebration at GRI. (26.02.1992 to 03.03.1992).
21. Workshop on Documentation organized by Home Science. Department, GRI (25.09.1992).
22. Attended One day counseling at Madurai.
23. Seminar on "Heart Disease" organized by Gandhigram Institute of Rural Health and Family Welfare. (15.10.1992).
24. Attended a seminar on Deficiency Disease and other disease held in GIRH and FWT, Ambathurai on 17.10.92.
25. Two days seminar on Legal Awareness programme on Women's right was organized by KVK, GRI and Food and Nutrition Board, Madurai, (17.12.92 & 18.12.92).
26. Participated in the XX Biennial Conference of Home Science Association of India at Avinashilingam Deemed University, Coimbatore (21.12.93 to 23.12.93).

27. One day meeting at NIRD, Hyderabad for planning for preparatory workshop to decide on curriculum development and training methodology for the course on Extension Management for farm women. (12.03.1998).
28. First Research Network meeting on the Management of Breast Feeding by Working Women organized by M.S.Swaminathan Research Foundation, Chennai. (08.02.1995).
29. Attended one day workshop on Breast Feeding at Coimbatore organized by Avinashilingam Deemed University, Coimbatore. (28.02.1995).
30. Second Research Network meeting at M.S. Swaminathan Research Foundation at Chennai (23.03.1995 & 24.03.1995).
31. Workshop on “Wheat as a Health Food” organized by PSG Arts and Science at Coimbatore in Association with Wheat Association of India. (24.07.1995 to 05.08.1995).
32. Interaction among Research guides on “Sharing Methodological Concepts” at M.S. Swaminathan Research Foundation, Madras. (16.09.1995).
33. Two days regional workshop on “Traditional Foods” – sponsored by the Ministry of Food Processing and Industries, Govt. of India assisted by CFTRI, Mysore Organised at Avinashilingam Deemed University, Coimbatore. (31.07.1996).
34. Research network meeting at M.S.Swaminathan Research Foundation, Madras.

35. Participated in the Training programme on “Women Participation in Decentralized Planning” held at Institute of Applied Manpower Research, New Delhi. (22.09.1997 to 26.09.1997)
36. Two days seminar on Food processing organized by MADISCIA at Madurai (14.09.1998 & 15.09.1998)
37. One day seminar on Improving Nutrition of Rural Poor through Community based food processing at CFTRI, Mysore (06.08.1999).
38. Regional level seminar on “Development of Bakery Industry” conducted by RIM Department, GRI and presented paper entitled, How to make a Bakery product as a complete food? (12.11.1999).
39. Attended one day Nutrition Network programme at Madurai. (27.01.2000)
40. Attended Nutrition Network of Tamil Nadu and Kerala at Madurai sponsored by UNICEF (28.04.2001).
41. Participated in Nutrition Week celebration. With SHG (02.09.2001 to 07.09.2001).
42. Attended two days workshop on CBCS from 18.03.2002 and 19.03.2002 at GRI organized by Gandhigram Rural University, Gandhigram.
43. Attended two days National workshop on, “Rural Health Education towards sustainable village development and Gram Swaraj”. (21.06.2002 and 22.06.2002).
44. Attended National workshop on methodologies for assessment of Vitamin A Deficiency, Iron and Iodine Deficiency disorders from 13.09.2004 to 15.09.2004 at All India Institute of Medical Sciences, New Delhi.

45. Attended one day workshop on “Study of the Course – Home Science Extension Education” as expert person at Avanishilingam Deemed University, Coimbatore on 20.01.2006.
46. Attended National Seminar on “Recent Trends in Nutritional Sciences” at Avanishilingam Deemed University, Coimbatore from 14.03.2006 to 16.03.2006.
47. Attended two days workshop on “Nutrition Curriculum Assessment Workshop” on 29.3.07 & 30.3.07 at MSSRF, Chennai.
52. Attended National Nutrition Conclave Seminar at MSSRF at Chennai from 12 to 14.8.07
53. Attended southern regional seminar on “Gearing Home Science Curriculum Towards In Better Career Prospects” for 2 days(21st and 22nd Aug 2009) organized by Home Science Association Of Indian South Zone and Avinasilingam Advanced Centre For Education And Research In Sciences at Coimbatore.

11. SERVED AS A RESOURCE PERSON:

1. Curriculum workshop at MSSRF Chennai On 28/03/08 - 29/03/08.
2. Curriculum workshop at MSSRF Chennai On 29/08/08 - 30/08/08.

12. TRAINING PROGRAMMES ATTENDED:

1. Attended a training programme on “Value Addition to Millets” at CFTRI, Mysore (13.05.2002 to 16.05.2002).
2. Attended six days training programme on, “Capacity building of women managers in Higher Education” organized by National Assessment and Accreditation council from 2.01.2004 to 7.01.2004.
3. Attended five days training programme on “Capacity building of Women managers in Higher Education” organized by National Assessment and Accreditation Council from 24.10.2005 to 28.10.2005 at women study centre, Bangalore University, Bangalore.

13. SHORT TERM COURSES/ SEMINAR/ CONFERENCES ORGANIZED

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Training Programme for Industry/Community	Date	Sponsored By	Participants
Refresher Training Programme for Field Organizers/Supervisors/Co-ordinators for Working Women’s Forum, Chennai.	23/05/06 to 27/05/06	Working Women’s Forum, Chennai	35
Training on Home Food Catering	02/01/06 to 12/01/06	Dept. of ACE ,GRI	12
Refresher Training Programme for Field Organizers/Supervisors/Co-ordinators for Working Women’s Forum, Chennai	09/10/06 to 13/10/06	Working Women’s Forum, Chennai	35

Refresher Training Programme for Field Organizers/Supervisors/Co-ordinators for Working Women's Forum, Chennai	19/03/07 to 23/03/07	Working Women's Forum, Chennai	35
Refresher Training Programme for Field Organizers/Supervisors/Co-ordinators for Working Women's Forum, Chennai	01/12/08 to 05/12/08	Working Women's Forum, Chennai	35
Refresher Training Programme for Field Organizers/Supervisors/Co-ordinators for Working Women's Forum, Chennai	16/02/09 to 20/02/09	Working Women's Forum, Chennai	35

14. SEMINARS AND TRAINING PROGRAMMES ORGANISED

Name of the Programme	Date	Duration	Participants
Legal Awareness Programme on Women's Rights		2 days	Students of GRU
Capacity Building for Pre-school Teachers in Dindigul District	19.03.1998 & 20.03.1998	2 days	30
TRYSEM training programme on Food processing, funded by DRDA, Dindigul.	12.11.97 to 11.5.98	6 months	14
Regional seminar on "Post harvest technologies for rural development" sponsored by UGC	13.3.2004 to 15.3.2004.	3 days	45

15. PROGRAMMES CONDUCTED AT THE VILLAGE LEVEL:

- 1. Conducted extension programmes at departmental level in the service villages as part of the academic programmes**
- 2. Conducted demonstration for women in GRI community on preparation of low cost recipes from ragi.**
- 3. Conducted one day training in the department for mothers, children and Balwadi teachers on nutrition and health education.**
- 4. Dr.K.P.Vasantha Devi along with Dr. A.Suriakanthi conducted one day Nutrition Awareness camp at Boys Town for 30 Mahila Mandram Members at Batlagundu.**
- 5. Co-ordinated the PRA Programme at Vellankannipuram. (8.03.1993).**
- 6. Conducted Health Check up below 12 years children at Alamarathupatti in connection with Republic Day Celebrations (26.01.1998).**
- 7. Conducted Nutrition Education for the School Children at N.M. School at M.M. Kovilur (8.11.2001).**
- 8. Organized Nutrition Education Programme at Pithalaipatti in collaboration with M.S.P. School at N.S.S camp (10.11.2001)**

DIABETIC CAMPS ORGANISED

**Collaboration with Diabetic Education and Research Centre,
Vijaya Clinic, Dindigul.**

S. No	Date	Place	Theme	No. of Students Participated
1.	06.04.1997	Dindigul Diabetic Edn. Centre	Diabetic Education	32
2.	16.10.1997	Gandhigram Rural Institute	Diabetic Education	25
3.	07.12.1997	Dindigul Diabetic Edn. Centre	Diabetic Education	4
4.	04.01.1998	Dindigul Diabetic Edn. Centre	Recipes demonstration	18
5.	25.01.1998	Oddanchatram	Diabetic detection & education	3
6.	02.08.1998	Dindigul Diabetic Edn. Centre	Recipes demonstration	18
7.	01.11.1998	Dindigul Diabetic Edn. Centre	World Diabetic Day Celebration	35
8.	01.08.1999	Dindigul Diabetic Edn. Centre	Recipes demonstration	18
9.	26.11.1999 & 28.11.1999	Senthuram Kalyana Mandapam, Dindigul	Diabetic Education	63
10	07.12.1999	Arthur Asirvatham Hospital	Cooking competition related to Diabetes	10
11.	08.01.2000 & 09.07.2000	Regional Diabetic Edn. Centre, Rajapalayam	Diabetic Education	22
12.	29.01.2000 & 30.01.2000	BHEL, Trichy	Dia Food 2000 Education and Demonstration	42

13.	20.01.2001 & 23.01.2001	R.M.Colony, Vadamadurai, Mettupatti, Begampur, DGL.	Diabetic Education	85
14.	04.02.2001	Dindigul Diabetic Edn. Centre	Demonstration on recipes	10
15.	01.12.2001	Dindigul Diabetic Edn. Centre	Diabetic Education	70

16. MEMBERSHIP IN SCIENTIFIC BODIES/ ASSOCIATION :

MEMBERSHIP IN PROFESSIONAL BODIES

- ❖ Life Member in Nutrition Society of India
- ❖ Life Member in Home Science Association of India
- ❖ Member in All India Science Congress

MEMBERSHIP IN HIGHER LEVEL ACADEMIC BODIES

1. **Member - Senate from 25.04.1997 to 24.04.2000** at Gandhigram Rural University.
2. **Member - Syndicate from 01.12.1998 to 24.04.2000** at Gandhigram Rural University.

MEMBER IN ACADEMIC BODIES AT GRU

1. **Academic Council**, Gandhigram Rural University from 1994 to till date.
2. **Board of Studies of Home Science**, Gandhigram Rural University
3. **Board of Studies of RTC**, Gandhigram Rural University.
4. **Board Studies of RIM**, Gandhigram Rural University.

ACADEMIC MEMBERSHIP IN OTHER INSTITUTIONS

1. **Academic Council member** at Avinashilingam University, Coimbatore.17.04.08 – 16.04.2010
2. **Academic Council member** at Bharathidasan University, Trichy from 2009.
3. **Board of Studies** in Bharathidasan University, Trichy from 2009.
4. **Board of Studies** in Periyar University, Salem from 2009.
5. **Board of Studies** of Family and Community Science in Avinashilingam University, Coimbatore. From 2008.
6. **Board of Studies** in TBAK college, Keelakarai as **University nominee**.2006 till date
7. **Board of Studies** in Bharthiyar University, Coimbatore.2007-2010.
8. Board of Studies and **Chairperson** in Thiruvalluvar University, Vellore.2007 till date.
9. Served as a **member** of Board of Studies in Arulanandhar College, Karumathur.
10. Govindhammal Adithanar college, Thiruchendur.
11. Involved in multisite collaborative research at MSSRF, Chennai.1990 till date.
12. Served as a subject expert in framing the nutrition curriculum at UG level at MSSRF, Chennai.2007.

17. RESOURCE PERSON (INAUGURAL ADDRESS/ GUEST LECTURE/ CHAIRMAN):

1. Indian Science Congress held at Madurai from 4 to 9th Feb 1990. **“Role of Agriculture in changing the food habits of the people”**.
2. **“Production of Supplementary Food at Household Level”** Summer Institute on Appropriate Food Processing Technologies for Rural Development organized by the Department of Foods and Nutrition, Andhra Pradesh Agricultural University, Hyderabad. (June 15th – July 4th, 1990).

3. Gave a lecture on **Nutritional care of pregnant and nursing mothers, Breast feeding and infant feeding practices** to the Supervisory staff of Health Social Welfare Dept. Govt. of Tamil Nadu of Oriented Training course on Integrated Nutrition organized by Food and Nutrition Board, Madurai. (17.8.92).
4. Gave a lecture on **Prevention of Nutritional deficiency disease by selective locally available foods** to the participants of organizers training camp, organized by Adult Education Department, GRI (28.3.95)
5. Gave a talk on **Deficiency Diseases and its prevention** to NSS students at Kallupatti on 28.11.1995.
6. Gave a lecture on **Nutrition for Creche Workers** organized by Adult Education, GRI.
7. Gave a talk on the **Importance of Nutritious foods and its effects to NSS voluntaries** - organized by IDARA, GRI, Gandhigram. (28.2.96).
8. Gave a talk on **Diets for voluntary groups by selecting locally available foods** for 200 mothers at Boys Village near Batlagundu. (7.4.97).
9. Gave a talk on **Plan your Diet** to Rotary Club members at Dindigul (11.11.97).
10. Gave a talk on **Role of nutrients in promoting health** at Women's Club. Dindigul.
11. As a Resource person gave a talk on **"The role of New Panchayat Raj in the development of women and children"**. Organized by Department of Political Science for the UGC sponsored refresher course. (21.1.99).

12. Took class for women Panchayat Presidents on “**Role of Panchayats in the Development of Women and Children**”, training programme organized by Political Science Department, GRI, Gandhigram (09.02.2000).
13. Took class on **Balanced diet for Balwadi Ayaas** programme organized by Adult Education Department, GRI, Gandhigram (9.2.2001).
14. Gave Lecture on **Nutrition and Health** to the representatives of Self – Help Group at Indian Institute of Woman and Child Health Trust, Sempatti (ILWCHT). (22.6.2001).
15. Gave a talk on **Basics of Nutrition, conservation of nutrients, diet for pre-school children, school children and adolescents**, to 30 supervisors of World Bank assisted ICDS III of Sivaganga District at Alagappa University (12.2.2002).
16. As a resource person took classes for the UGC sponsored Refresher course participants on “**New Panchayat Raj and Child Development**” – organized by Department of Political Science , Gandhigram Rural Institute from 11.2.2002 to 3.3.2002.
17. As a resource person delivered a talk on **Nutrition and Nutritional requirements** organized for state level resource persons for national children science congress (NCSC – 2002 at KVK organized by Tamil Nadu Science Forum). (27.7.2002).
18. Gave a talk on **Women’s Health and Nutrition** to the participants training programme organized by the Department of Adult and Continuing Education and Extension sponsored by State Social Welfare Board (16.9.2002).

19. Gave a talk on “**Functional Significance of Malnutrition**” to the participants of Integrated Nutrition Education Camp organized at Gandhigram by the Food and Nutrition Board, Madurai.
20. Gave a lecture on “**Importance of Breast feeding and Nutritious food**” organized by Dept of ACE & Extension in Ulagampanthi on 7.8.2002.
21. Attended a Seminar on the Role of Gandhigram in Rural Health Development and presented a paper on “**Activities of Health & Nutrition in the Villages**”. (20.8.2002). GIRH & FWT
22. Gave a lecture on, “**Importance of breast feeding and supplementary diet**” organized by the dept of ACE & E, GRI, held at Kondammanayakkanpanthi on 21.2.2003.
23. Gave a lecture on “**Health Education**”, organized by the Department of Co-operation, GRI on (18.3.2002).
24. Gave a lecture on “**Importance of Nutrition for Women and children**” to the participant of self help groups, organized by the Dept. of ACE & E in Mottanampanthi on 14.7.2003.
25. Gave a talk on **Nutritious food and Balanced food in relation to the health of the children and women** organized by the Department of Adult continuing Education and extension sponsored by Central Social Welfare Board, New Delhi on 22.4.2004.
26. As a resource person delivered a lecture on **Geriatric Nutrition** for the UGC sponsored Refresher course from 03.12.2004 to 23.12.2004. organised by the department of Home Science, GRI, Gandhigram.

27. As a resource person delivered a lecture on **Nutritious food to lead a healthy life** sponsored by Idhayam Gingelly Oil, at PSNA Mahal, Dindigul on 28.05.06. Nearly 1300 participants of dealers and sub dealers along with their family members were attended.
28. Gave lecture on how to lead a healthy Life to 300 mothers of Preschool Children at SSMB School at Dindigul on 07.02.07.
29. Gave a lecture on Nutrition for SHG members in Gandhigram on 11.10.2007.
30. Gave a Lecture on Health and Nutrition for Women for SHG members, organized by KVK, Gandhigram on 11.11.2007
31. Gave a lecture on Health, Nutrition and Deficiency Diseases for co-ordinator and Field Workers of Working Women's Forum in Gandhigram on 20.11.2007.
32. Gave a lecture on Nutritional problems prevailing in the community for the participants of the Refresher course in the Dept.of Rural Development,GRU, Gandhigram 30.11.2007.
33. Delivered a lecture on Healthy Living for diabetics in Dindigul Diabetes Research Centre,Dindigul on 02-12-07.
34. Gave a lecture on Health and Nutrition, for the NSS students of GRU, Gandhigram on 22.12.2007.
35. Gave a lecture on Role of Food Processing Industries in Food and Nutrition Security in the UGC sponsored Refresher Course organized by Dept of Agri& animal Husbandry On 11.11.08.

36. As a chief guest gave a lecture on Healthy Living at KalaiMagal School, Chinnalapatty in Nov 2008 of school day function.
37. Gave a lecture on Health benefits of Walking at Walker's Club, Dindigul on 31st May 2009.
38. As a resource person took class for the participants of UGC Refresher Course on Healthy Living. Organised by Department of Rural Development, Gandhigram rural Institute on 11.11.2009.

18. SERVED AS AN EXTERNAL EXPERT AT HIGHER LEVEL:

1. Invited by the UGC New Delhi as an **Expert committee member for Evaluating the SAP under Home Science** on 18th August 2009.
2. As a **University nominee to review the infrastructure facilities to approve the P.G. Diploma course on Nutrition** at Holy Cross Home Science College, Tuticorin. .
3. As a **University nominee to review the infrastructure facilities to approve the Diploma course on Nutrition** at TBAK College at Keelakarai.
4. As a **University nominee to review the infrastructure facilities to approve the UG course** at Sivanthi Athithanar Arts and Science College, Thrichendor.
5. Served as **Inspection committee member** for Holy Cross Home Science College, Tuticorin.

19. INVOLVEMENT IN INSTITUTE DEVELOPMENT:

Served as

- a. **Lady Warden** in Gandhigram Rural Institute 1984 -1992
- b. **NSS Programme Officer** Since 1988-1993
- c. **Shanthi Sena Organiser** from 1984 – 1990
- d. **Sports Tournament Committee Member** of GRI
- e. **National Science Day Celebration**
- f. Served as **Convener of Food Committee** for various National, State Level and District Level Meetings.
- g. **Incharge University Canteen-1977-1979 & 1997 – 1998.**
- h. **Member in canteen management committee, advisor for running the canteen etc. from 1980 - till date.**
- i. **Member of the Governing council for CED, GRI** from 15.09.1999-2001.
- j. **Member Grievance Sub Committee - till date.**
- k. **Village Camp / VPP in charge and Organiser**
- l. **Chief Examiner for Central Valuation.**
- m. **Joint Secretary for XXII Indian Social Sciences Congress** 13.03.1999 to 18.03.1999.
- n. **Member in Hunger Free Project of GRI.**
- o. **Chief Examiner for Conducting Examinations** from 22.11.2002 to till the end of the semester 03.02.2003.
- p. **Convener for Indian Social Science Congress** held from 16.01.2005 to 20.01.2005 organised by GRI.
- q. **Member Squad committee - till date.**

- r. Served as **member - Disciplinary committee.**
- s. Member - Anti ragging committee – till date.

20. ADMINISTRATIVE EXPERIENCE:

- 1. Lady warden** : 12 years
- 2. HOD** : from November - 2005 to till date
- 3. Canteen in-charge** : 1977-81, 1997 - 1998
- 4. Co-ordinator, B.Sc., Catering Science and Hotel Management**

21. OTHERS (Mentioned a few)

EXTENSION

INTERACTION WITH SOCIETY AND NEIGHBOURHOOD

Conducted Extension Programmes at Departmental Level in the service villages as part of academic programme.

- ❖ Health and Nutrition education to the school children and Rural woman.
- ❖ Exhibition on nutrition and health.
- ❖ Diabetic Detection and Education.
- ❖ Demonstrations of low cost recipes to the rural community.
- ❖ Demonstrations of recipes based on Ragi to GRI women in the campus.
- ❖ Assessment of the health status of the children under 5 yrs and school aged.
- ❖ Nutrition education to high school children with Folk media in M.M. Kovilur, Dindigul.
- ❖ Nutrition week celebrations 7.9.2001.
- ❖ Village Placement Programme. Activities carried out.
 - Shramadhan
 - Village immersion programme for Fresher.
 - Identification of community resources.

- Observation of the activities of TINP center and pre school.
- Demonstration of low cost nutritious receipes to the village women.
- Nutrition education through Folk media and exhibition.
- Nutrition Education to school children at Alamarathupatti and Pithalaipatti.
- Identifying the prevalence of deficiency disease under 5 years in Alamarathupatti.
- Involved in the health camp organized at A.Ramanathapuram by the Department of Home Science in collaboration of with N.S.S., GRI, Dindigul Diabetic center, Kasthuriba Hospital, Gandhigram.