



INVITES ALL TO

# YOGA UTSAV

100 DAYS - 100 CITIES - 100 ORGANISATIONS

COUNTDOWN TO INTERNATIONAL DAY OF YOGA 2025



JUNE  
THURSDAY 05 @ 7.00 AM

JOIN US

2025

Demonstration of Common Yoga Protocol

 <https://youtube.com/live/VK6JBldBhg?feature=share>

 <https://whatsapp.com/channel/0029VaAMHVGHgZWiiX8XWj1U>

 <https://www.instagram.com/gandhigramuniversity/>

 <https://www.facebook.com/profile.php?id=61553964151782>

 <https://x.com/gridtbu>



GRI, Gandhigram.

[https://maps.app.goo.gl/zxs2W23nkDVSrD1B67g\\_st=aw](https://maps.app.goo.gl/zxs2W23nkDVSrD1B67g_st=aw)



NATIONAL SEMINAR ON YOGIC PRACTICES



# YOGA UTSAV

COUNTDOWN TO INTERNATIONAL DAY OF YOGA -2025

100 DAYS - 100 CITIES - 100 ORGANISATIONS

16 days to go 21 June

ORGANIZED BY

Centre for Physical Education and Yoga Centre

**THE GANDHIGRAM RURAL INSTITUTE**

(Deemed to be University)

Ministry of Education, Government of India

Gandhigram 624 302, Dindigul District, Tamil Nadu.

&

**MORARJI DESAI NATIONAL INSTITUTE OF YOGA**

Ministry of AYUSH, Government of India.



**Professor Dr. N. Panchanatham**

Vice-Chancellor

GRI, Gandhigram.

**will preside**



**Thursday at 10.00 AM**  
**05 June 2025**



**GRI**  
**Gandhigram**

## Guest Speakers



**Dr.A.M.MOORTHY**

*Former Vice-Chancellor  
Tamilnadu Physical Education  
and Sports University, Chennai.*



**Prof.Dr.R.ELANGO VAN**

*Member, Executive Council,  
Indian Yoga Association  
New Delhi*



**Dr.K.VENKATACHALAPATHY**

*Former Director  
Centre for Yoga  
Annamalai University  
Chidambaram*

## Key Insights

- ✓ Yoga Therapy
- ✓ Yoga Entrepreneurship
- ✓ Components of Pranayama

## Felicitation by



**Dr. L.RATHAKRISHNAN**

*Registrar in-charge  
GRI, Gandhigram.*

&



**Dr.K.S.NAKKEERAN**

*Dean, School of Social Sciences  
GRI, Gandhigram.*

"Yoga for One Earth, One Health."